

North York Hockey League

Rules and Regulations

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Page

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Table of Contents

RULES AND REGULATIONS 1
Article 1- MISSION STATEMENT 1
Article 2 –DEFINITIONS 1
Article 3 – LEAGUE ORGANIZATION AND STRUCTURE 2
3.1 League Organization 2
3.2 Interpretation of the Rules 3
3.3 Power to Amend Rules 3
Article 4 – CLUBS ENTERING TEAMS IN THE LEAGUE 3
4.1 Applications for Teams to Play in the League 3
4.2 Acceptance of Teams to Play in the League 3
4.3 NYHL Entry Fees and Payment of Fines 4
4.4 Designation of Club Signing Officers 4
4.5 Withdrawing Teams 4
4.6 Club Schedules 4
Article 5 – FORMATION OF TEAMS 5
5.1 Composition of Teams 5
5.2 Team Roster 5
5.3 Affiliated Teams and Players 5
5.4 Bench Strength - Minimum and Maximum Number of Players 6
5.5 Tiering of Teams During the Season 7
Article 6 – REGISTRATION OF TEAMS 7
6.1 Residency 7
6.2 Registration of Players 8
6.3 Proof of Birth Date 8

Table of Contents
(continued)

Page

6.4 Registration With One Club Only 8
6.5 Registration of Team Officials 8
6.6 Restriction on Team Officials Changing Clubs 9
6.7 Release of Signed Players 9
6.8 Outstanding Equipment and Registration Fees 9
Article 7 – TRYOUTS AND TAMPERING 10
7.1 Advertising for Tryouts Prohibited 10
7.2 Tampering 10
Article 8 – INSURANCE 11
8.1 Mandatory Insurance 11
8.2 Insurance Fees 11
8.3 Filing Insurance Claims 11
Article 9– POLICIES REGARDING GATE FEES 12
9.1 Gate Fees 12
Article 10 – SCHEDULES, GAME TIMES AND POLICIES 13
10.1 Schedule for Game Times 13
10.2 Length of Games 13
10.3 Game Readiness 14
10.4 Start of Game Procedure 14
10.5 Five-Goal Spread in the Last Period 14
10.6 Uniforms 15
10.7 Completion of Game Sheets 15
10.8 Adding a Player's Name to the Game Sheet 16
10.9 Procedure at the End of Games 16
10.10 No Show Policy 16
10.11 Defaulted Games 17
Article 11– RULES OF PLAY 17
11.1 Hockey Canada Rules to Apply 17

Table of Contents
(continued)

Page

11.2 Referee's Authority 17
11.3 Entering the Ice Surface 18
11.4 Protective Equipment 18
11.5 Helmets and Masks for Players and Coaches 18
11.6 No Jewelry 19
11.7 Injured Players 19
11.8 First Aid Kits 19
11.9 Transmittable Disease Awareness and Protection 19
11.10 NYHL Policy –Concussions 20
11.11 Reporting of Injuries 20
ARTICLE 12 –BEHAVIOUR 20
12.1 Standard of Behaviour 20
12.2 Damage to Arenas 22
12.3 No Smoking or Vaping 23
12.4 No Alcohol 23
ARTICLE 13 – SUSPENSIONS AND PENALTIES 23
13.1 Jurisdiction of the League 23
13.2 General Provision for Suspensions 24
13.3 Team Officials Responsible for Enforcing Suspensions 24
13.4 Conduct When Suspended 24
13.5 Body Checking 25
13.6 Hockey Canada Standard of Play Initiative 26
13.7 Game Misconducts 26
13.8 Checking from Behind 26
13.9 Bench-Clearing Altercations 26
13.10 Zero Tolerance towards Discrimination and Unsportsmanlike Behaviour 26
13.11 Ejection from Game for Four Penalties 27
13.12 Ejection from Game for Three Stick Infractions 27
13.13 Excessive Penalties 27

Table of Contents
(continued)

Page

13.14 Holding Players at the Bench 28
13.15 Refusing To Leave Bench or Playing Surface 28
13.16 Assault Charges 28
ARTICLE 14 – EXHIBITION GAMES AND TOURNAMENTS 29
14.1 Exhibition Games 29
14.2 Early Season Ice for Games 29
14.3 Tournament Sanctions and Permission to Enter 29
14.4 Changes to Scheduled Games 31
ARTICLE 15 – PLAYOFFS, CHALLENGE OF CHAMPIONS WEEKEND 31
15.1 Teams Participating in Playoffs 31
15.2 Breaking Ties to Determine Playoff Positions 32
15.3 Breaking Ties in Playoff Series 32
15.4 Challenge of Champions Weekend 33
ARTICLE 16 – PROTESTS AND APPEALS 34
16.1 Procedures for Protests 34
16.2 Protesting Ineligible Players`` 34
16.3 Referees' Judgments Not Protestable 34
16.4 Procedures for Appeals 35
16.5 Querying Player Eligibility 35
ARTICLE 17 – CHAMPIONS, AWARDS AND RECOGNITION 35
17.1 Trophies 35
ARTICLE 18 – HOSTING TOURNAMENTS 35
18.1 Hosting Tournaments 35
ARTICLE 19 – HOUSE LEAGUE AND SELECT OPERATING GUIDELINES 35
NYHL Board of Directors 36
Schedule A 37
Fines and Fees 37
Appendix B 38
Concussion Policy 38

RULES AND REGULATIONS

Article 1- MISSION STATEMENT

The North York Hockey League is committed to promoting and maintaining a safe, fair, responsible, and inclusive amateur hockey program that offers to all of its members the opportunity to participate and compete in accordance with the policies, regulations, Constitution and By-laws of the Corporation.

Article 2 –DEFINITIONS

For the purposes of these Rules the following terms have the following meanings:

Board means the Board of Directors of the NYHL.

Chief Operating Officer means the individual designated by the Board to manage the day-to-day business of the League.

Club or Member Club means an organization accepted for membership in the NYHL.

Club Contact means the person in charge of a Club's Select program or other person designated by the Club to be the primary contact and liaison from the Club to the NYHL for all normal communications.

Club Officials means the President and the Head of the Select program and any other Official designated by the Club. Club Official will mean any one of them.

Electronic Game Sheet (EGS) means the online Game Sheet application used by the League for all League games.

Game Officials means the on-ice officials for each game, which includes the referees and linespersons; as well as the off-ice officials for each game, which includes the timekeeper and any other official designated by the League, such as goal judges.

Game Official means any one of the Game Officials.

GTHL means the Greater Toronto Hockey League which is the governing body of the NYHL and its Member Clubs.

Hearing means a specially convened meeting to hear details of an Appeal, a Protest, or an explanation of events involving players, team staff or spectators from a particular Club or Clubs.

Hockey Canada means the national governing body for amateur hockey in Canada.

Hockey Canada Registration (HCR) or Registration means the Hockey Canada electronic registration system made available to Clubs through the GTHL.

Key Dates means a list of important dates for the current NYHL Season. The NYHL Key Dates document can be found on the NYHL website under the Coaches Portal / Rules and Resources section.

League or NYHL means the North York Hockey League.

League Office or NYHL Office means the administrative office of the League located at 1633 Wilson Avenue.

League Officials means the Officers and Directors of the League.

League Official means any one of the League Officials.

Season means the period of time commencing on September 1 of a given calendar year and ending after the Challenge of Champions weekend is concluded in the following calendar year.

Select means a level or program of hockey as defined in the House League and Select Operating Guidelines in the GTHL Rulebook.

Special Committee means an ad hoc committee consisting of at least three (3) League Officials, that has been appointed by the Board, the President or the Chief Operating Officer for a specific purpose.

Suspension means a period of time or a number of games during which a suspended individual is not allowed to participate in NYHL games and game-related activities.

Team Roster means all players and Team Officials registered for a team on the Hockey Canada Registration system.

Team Official means all or any of the following persons involved in managing a Team, including Head Coach, Trainer, Manager, and any Assistant Coach or Assistant Trainer. No more than five Team Officials may appear on a Team roster or on the bench during any game.

Article 3 – LEAGUE ORGANIZATION AND STRUCTURE

3.1 League Organization

The NYHL is a division of the Greater Toronto Hockey League. The NYHL consists of Member Clubs, the Board of Directors and Officers. The Board governs the League in accordance with the League's Constitution, Rules, By-laws and Policies. Day-to-day operations of the League are administered by an office staff under the management of a Chief Operating Officer who is appointed by the Board.

3.2 Interpretation of the Rules

The interpretation of the Rules will be based first upon the spirit and intent of the rule. If a situation arises that is not specifically covered by NYHL Rules, GTHL Rules may be applied at the discretion of the NYHL Board.

3.3 Power to Amend Rules

The Board is authorized to amend the Rules from time-to-time as may be necessary to comply with any changes to the rules or regulations of Hockey Canada, the Ontario Hockey Federation, the GTHL, or the efficient operation of the League. Such amendments will not require ratification by the Clubs. The Board will give Clubs prompt notice of any such amendments.

Article 4 – CLUBS ENTERING TEAMS IN THE LEAGUE

4.1 Applications for Teams to Play in the League.

The League Office will provide a **Team Submission Form** to Member Clubs in early September of each season. Member Clubs must submit their list of team entries to the League Office by the submission date (See **Key Dates** document). Team Entries must be provided by the indicated submission date to be included in the fall schedule. To be included in the winter schedule, any new teams must be identified by the date indicated in the **Key Dates** document.

4.2 Acceptance of Teams to Play in the League

Questions regarding the eligibility of any Member Club Team Entries will be considered by the NYHL Board. No team is guaranteed acceptance in the League or guaranteed placement in a specific tier. The Board's decision to accept or reject a team for play in the League will be final and binding.

Team entries are accepted in the following age groups:

Division	Age as of Midnight Dec.31
U7	Up to 6
U8	Up to 7
U9	Up to 8
U10	Up to 9
U11	Up to 10
U12	Up to 11
U13	Up to 12

Division	Age as of Midnight Dec.31
U14	Up to 13
U15	Up to 14
U16	Up to 15
U17	Up to 16
U18	Up to 17
U21	18-20 with up to six 21-year-olds

4.3 NYHL Team Entry Fees, Player Registration Fees and Payment of Fines

(a) Team Entry Fees and Player Registration Fees may vary from year to year. The NYHL Board sets the entry fees and will advise the Clubs before entries are accepted.

(b) All fees, fines and/or any outstanding amount owing must be paid into the League Office within 14 days of invoice date unless otherwise stipulated. Any Club/team failing to pay the amount assessed may be removed from further competition permanently or until such time as payment is made. In the following season, no entries will be accepted from Member Clubs until all outstanding amounts are paid in full.

(c) In all cases the Member Club is responsible for fines and fees incurred by their teams and for collecting payment from their teams.

4.4 Designation of Club Signing Officers

(a) Prior to September 1st of each season, any Club playing in the NYHL must complete a house league/Select Membership Form listing the Club Officials, including the signing officers, and file the document with the League Office.

(b) A Club's NYHL Select Club Contact must be recognized as one of the Club Signing Officers for the purpose of authorizing NYHL permission forms and documents.

(c) After commencement of the playing season, a Club must report in writing any change of its Signing Officers to the League Office within 7 days of such changes having taken place.

4.5 Withdrawing Teams

All team withdrawal requests must be in writing. Any Club that makes entry into an NYHL program and withdraws a team after the game schedule has been published will be subject to a fine, as set out in Schedule "A" (Fines and Fees), and no refund of the registration fee will be granted.

4.6 Club Schedules

(a) All Clubs must submit their Team blackout dates (i.e. House League days, Practice days) by age group, to the League Office, in conjunction with the Team Submission Form.

(b) Playoff schedules and dates of team events for house leagues must be submitted, by age group, immediately after they become available. If the house league schedules are not filed with the NYHL Office, changes cannot be made to the NYHL schedule to accommodate them.

Article 5 – FORMATION OF TEAMS

5.1 Composition of Teams

The composition of all teams must comply with the house league and Select Operating Guidelines contained in the Rules of the GTHL.

5.2 Team Roster

(a) A Team Roster must be available to the NYHL, via the HCR, for each team, no later than the date published in the NYHL Key Dates document (usually the last week of September). The Roster must list the names of all players and Team Officials on the team. Scheduling of a team may be delayed if a Team Roster is not available.

(b) No permission to attend tournaments can be granted until a team's fully completed Team Roster is available.

(c) If a Team Roster is not submitted by the Roster Submission date (see Key Dates), then fines, as set out in Schedule "A" (Fines and Fees), may be levied against the Club. Fines must be paid in order to ensure continued inclusion in the League schedule.

(d) New players must be added to the Team Roster within seven (7) days of the player joining the team. A fine, as set out in Schedule "A" (Fines and Fees), will be levied against the Club for a violation of this section.

5.3 Affiliated Teams and Players

(a) Affiliated teams and players fall into two categories:

House League Affiliation

House League Affiliation refers to a player brought up from the team's house league. In all divisions, a player may only be brought up from the same age division in the house league.

Chain Affiliation

Chain Affiliation refers to a Select player brought up from another of the Club's Select Teams.

(i) For the U7 to U10 age divisions, a player may be brought up from a Select team in a lower tier of the same age division.

(ii) For the U11 to U13 age divisions, a player may be brought up from a Select team in a lower tier of the same age division, or from a Select team in one age division below.

(iii) For the U14 to U21 age divisions, a player may be brought up from a Select team in a lower tier of the same age division, or from a Select

team in one age division or two age divisions below.

(b) Players on a higher tier team cannot play for a lower tier team in the same birth year. (Tier 1 being the 'highest' tier)

(c) Any Affiliated Player listed on the game sheet must have "AP" indicated after the player's name. Without the "AP" after the name, an Affiliated Player is regarded as an ineligible player. (See section 16.2, Ineligible Player)

(d) Affiliated Players may be used an unlimited number of times until January 15th (Roster Freeze) of the current season.

(e) Starting January 15th, the following applies:

(i) Individual players from "Chain Affiliation" teams may be used a maximum five times as an AP in regular season or playoff games. The five (5) games played, may include a maximum of two (2) playoff games. Players may only play with one Affiliated team.
(ii) Individual players from "House League Affiliation" teams may be used a maximum of five times as an AP in regular season or playoff games. The five (5) games played, may include a maximum of two (2) playoff games. Players may only play on one Select team.

(f) Starting January 15th, minimum bench strength applies.
AP(s) may not be used if it causes the team to exceed the minimum bench strength requirement. (see Article 5.4 – Bench Strength)

(g) Tournament and/or exhibition games that are not part of the regular league or playoff schedule are excluded from the number of games referred to in (e) above.

(h) If a goalkeeper is called up from a "Chain Affiliation" or "House League Affiliation" team after January 15th, but does not play in the game, that game will not count as one of the five games allowed.

(i) Teams may use a maximum of five (5) Affiliated Players in any one game.

(j) If all of your team's rostered goalies are unavailable but your team meets the minimum bench strength requirement through its rostered skaters, you may call up an AP goalie. An AP goalie may only be used in a maximum of 2 playoff games.

5.4 Bench Strength - Minimum and Maximum Number of Players

(a) In all NYHL games the following maximum bench strength applies:
(i) U7 to U9 – Maximum 16 skaters + 2 goalies
(ii) U10 to U21 – Maximum 18 skaters + 2 goalies

(b) In all NYHL games, the following minimum bench strength applies:

(i) U7 to U9 – Minimum 13 players (including goalies)

(ii) U10 to U21 – Minimum 15 players (including goalies)

(c) The number of APs used must not cause the team to exceed the minimum bench strength as per Section (b).

(d) In all NYHL games the minimum number of players required for a team to start a game is six skaters or five skaters and a goalie.

5.5 Tiering of Teams During the Season

(a) Teams registering for the Fall Season must fill out a Fall Tiering Information Sheet along with their team entry documents. (Online forms are available on the Coaches' Portal).

(b) No team is guaranteed placement in a tier requested by a coach, team or club. Anticipated tier placement is not to be communicated or advertised before the League's tiering decisions have been made.

(c) To assist with Winter Season tiering, teams are required to complete the **Online Tiering Form** available on the NYHL website Coaches' Portal. The deadline date to submit the form is available on the **Key Dates** document in the Coaches portal. The Tiering Committee will consider input from the teams regarding their appropriate tier, along with accumulated game data from the NYHL Fall Season. Input from the Club Contacts will also be considered.

(d) The initial Winter Season tier placements will be distributed within 3-5 days of the Tiering Forms Deadline (See **Key Dates** for exact date). A second opportunity for Club input will be provided after the initial tier placements are distributed (see **Key Dates** for response date). The final Winter tiers will be announced within 2-3 days of the response date. The Committee will consider all input; however, the final tiers are binding.

Article 6 – REGISTRATION OF TEAMS

6.1 Residency

(a) The intent of the NYHL is to provide hockey primarily for children and youth who are legitimate residents of the City of Toronto and surrounding areas.

(b) Any player with an address outside of the City of Toronto is subject to a non-resident surcharge, as set out in Schedule "A" (Fines and Fees).

(c) Hockey Canada permits registration of players in any house league regardless of residency.

6.2 Registration of Players

(a) Each player must be registered electronically with Hockey Canada through the GTHL. The completed electronic registration must be accepted by the GTHL Office prior to the player going on the ice.

(b) Players may be registered up to midnight, January 15th.

(c) Select players in age divisions U7 through U9 are not allowed to play in an older age division without the permission of the NYHL, GTHL and OHF.

(d) Select players in age divisions U10 through U13 are allowed to play up one age group.

(e) Select players in age divisions U14 through U18 are allowed to play up two (2) age groups if the skill and the Club they are registered with allow such movement.

6.3 Proof of Birth Date

(a) No player will be able to register on the HCR without acceptable proof of age for verification.

(b) For all players born in Canada, a birth certificate is required. This includes players who have previously played on GTHL teams.

(c) For players born outside Canada, passports, baptismal certificates and hospital birth registrations are acceptable as well as birth certificates.

6.4 Registration With One Club Only

Each player may sign with only one Club. If a player attempts to register with two different Clubs electronically, the player's playing rights will belong to the Club who registered the player first with the GTHL. Any other registration will be automatically rejected electronically.

6.5 Registration of Team Officials

(a) Each team is allowed a maximum of 5 Team Officials on the bench. Persons designated as Coach, Manager, Trainer or Assistant Coach of a team must be electronically registered with Hockey Canada through the GTHL.

(b) Pursuant to OHF Rules, all Team Officials must complete Hockey Canada's mandated courses before they can be registered.

(c) Only persons who are registered as officials by the Club and are on the team’s validated Hockey Canada Roster Form are permitted on that Club’s team benches.

(d) No individual may be registered as a Team Official with more than one Club. Exceptions to this rule must be requested through the GTHL and the NYHL must be notified if permission is received or declined.

(e) Each team must have a Trainer who will possess a first aid kit on the bench. Each Trainer must possess a properly dated HTCP certificate (3-year validity period). Equivalency will be permitted for Level 1 status for the following groups: physicians, nurses, physical therapists, registered athletic therapists, paramedics, ambulance attendants, first aid instructors, firefighters, police officers.

6.6 Restriction on Team Officials Changing Clubs

A person who is registered as a Team Official in one season may not, without written consent of the Club with which that person was registered, be registered as a Team Official, or appear on the bench in the immediately following season, for a team of the same birth year for another Club. The original Club may unilaterally withhold such consent in its sole and absolute discretion.

6.7 Release of Signed Players

The final release date for all players is November 15th. Players who remain signed with a Club or team after that date cannot be released until the end of the season.

6.8 Outstanding Equipment and Registration Fees

(a) Any player or Team Official who has monies, equipment and/or property owing to a Club must turn in all items upon request. Such requests must be made in writing to the player or Team Officials, with a copy of such letter being forwarded to the NYHL League Office. Any player or Team Official failing to turn in a Club's equipment/property or pay outstanding monies upon request will be indefinitely suspended until such time as said equipment, property or monies has been returned to the Club. Such suspensions apply in all Hockey Canada affiliated leagues and associations.

(b) Any Club Official who accepts monies, equipment and/or property belonging to a Club must return all items upon request. Penalties are the same as per section (a).

Article 7 – TRYOUTS AND TAMPERING

7.1 Advertising for Tryouts Prohibited

(a) No advertising for Select tryouts will be allowed at any time, except for mailings to a Club's own members and in-house notices within a Club. In order to avoid any possible misunderstandings, it is recommended that any such communication be clearly addressed to just the members of that Club and all such posted notices will be removed at the end of each Club's permitted ice time.

(b) The first violation of this Rule will result in a fine, as set out in Schedule "A" (Fines and Fees), being levied against the offending Club and a one-year suspension to the offending team officials or Club officials responsible. Further violation will result in the Club's continuing participation in the Select program being reviewed by the NYHL Board.

Note: By Memorandum of Agreement dated July 1st, 2004, and approved by the Member Clubs, the advertising ban or the restriction on start date does not extend to the City of Vaughan Hockey Association. Also, by the same agreement, the CVHA is prohibited from signing players from outside the Vaughan Municipal Boundaries.

7.2 Tampering

(a) Any Club, team, or persons connected with a Club or team, who is found guilty of directly or indirectly trying out or soliciting new player(s) signed with another Club, will lose the right to sign those player(s) for the upcoming or commencing season. The Officials of such Club or team may be further disciplined or suspended by the League Officials and fines levied.

(b) If a team plays registered player(s) from another Club in any game (such game or games to include exhibition and/or tournament games) or invites player(s) to its tryouts, or accepts such player(s) and allows them to participate in its tryouts without first having obtained permission (in the manner set forth in section (c)) from the team with which such player is registered, the team committing such an infraction will automatically lose the right to sign said player for the following season. Team Officials found guilty of a violation of this Tampering Rule will automatically be suspended for a minimum of fifteen (15) League games at the discretion of the League Officials.

(c) The permission referred to in section (b) will be written consent from the President or designated Club Official for the team with whom the player is registered. The written consent must be provided to the President or designated Club Official of the team for which the player is trying out. This

consent authorizes such Team Official to speak with the player or the player's parents for the purpose of recruiting such player.

(d) Team Officials found guilty of violating sections (a), (b) or (c) will be suspended for a minimum of fifteen (15) League games at the discretion of the League Officials. A special hearing will be convened for all instances where Tampering has been reported.

7.3 Select Player Movement

Under Hockey Canada rules, house league players are allowed to register with any organization without regard to residency. At the end of each playing season, players are free agents to sign with the Club of their choice.

The NYHL is aware of an increase in aggressive recruiting of players from one Club to another by some teams and/or Team Staff with the purpose of having the recruited players play on a Select team of another Club. This practice can lead to significant damage, from a participation perspective, for the targeted Club. The large-scale migration of 5 or more players, or entire teams in some instances, understandably damages the House League and Select program of the Club from where the players are leaving. Such migration can also create the possible displacement of established Select players in the receiving/new Club. To reduce the impact of using Select team participation as in incentive to change House League Clubs, the NYHL has implemented the rules as outlined in the sections below.

(a) For Select Teams, a maximum of FOUR (4) players from the same age division who have moved from one House League to another House League are permitted to play on Select teams at their new Club. In cases where the new Club has more than one team in an age division, the four (4) player maximum covers the total participation on all Select teams. (This means, if a Club has 2 or more Select teams in one age division, there can be no more than 4 players from the previous club spread across all Select teams.)

(b) When more than four (4) Select players from the same age division in one Club are being signed by another club, only the first four Select players to register are permitted to play Select as either rostered players or Affiliated Players for their new Club. (The date entered in the Hockey Canada Registration system to be utilized)

(c) Select Team Staff are responsible to know the origins of players joining their team. If a player or players came from a different Club the past season the Club contact must be notified. For Clubs with more than one team in an age group, the Club Contact will need to check with all teams in that age group and ensure the total number of 'new' Select players from any other one club does not exceed four players.

(d) Clubs may request an exception to rule 7.3 but must do so prior to the player or players participating with the Club's Select team.

(e) NYHL League Officials will review all violations of sections (a) (b) (c) (d). Removal of ineligible players from the Select teams will occur at the discretion of the NYHL. Suspension of Team Officials for using an ineligible player will also be determined.

Article 8 – INSURANCE

8.1 Mandatory Insurance

For insurance purposes, it is mandatory that every NYHL player and Team Official is registered electronically with Hockey Canada through the GTHL and has been accepted prior to going on ice.

8.2 Insurance Fees

Insurance fees may vary from year to year in accordance with the policies of Hockey Canada and the GTHL. Insurance fees are payable to the GTHL directly by the clubs.

8.3 Filing Insurance Claims

Insurance claims must be submitted on the standard Hockey Canada Claim Form. (See Article 11.11 - Reporting Injuries.) Copies of Injury Report Forms are available for downloading from the NYHL Coaches' Portal and from the League Office. Copies of the Forms must be filed with both the NYHL and the GTHL Offices.

Article 9–PLAYER REGISTRATION FEES

A player registration Fee will be applied for all Team Rosters.

Teams that have less then the minimum number of players on their Roster must pay the minimum registration Fees (i.e. A U15 team with 13 players rostered, must pay the 15 minimum player registration Fee.)

Teams that have more than the maximum number of players on their restore will pay only up to the maximum player registration Fee (i.e. A U9 team with 19 players rostered will pay an 18 Player Registration Fee. Maximum bench strength is 18)

Clubs will be advised of the upcoming season's Player Registration Fee no later than the NYHL AGM.

Article 10 – SCHEDULES, GAME TIMES AND POLICIES

10.1 Schedule for Game Times

The NYHL will be maintaining a 4-week rolling schedule throughout the regular season with 5-weeks lead time given wherever possible.

For playoffs, the lead time is a minimum of 24 hours. Following the Round-Robin playoff games, the lead time for games (i.e. Quarter-Finals, Semi-Finals, Finals) is often dependant on waiting for other games or series to be played. The League will provide as much notice as possible.

10.2 Length of Games

The chart that follows details game times for all NYHL divisions.

Division	RegularSeason	Playoffs Round Robin & Quarter-Finals	Playoffs Semi-Finals and Finals
U7 to U9	18-18 Stop Time	18-18 Stop Time	18-18 Stop Time
U9 to U14 (U9 after Jan 10)	12-12-12 Stop Time	12-12-12 Stop Time	12-12-12 Stop Time
U15 to U21	12-12-15 Stop Time	12-12-15 Stop Time	12-12-15 Stop Time

10.3 Game Readiness

Teams must be dressed 15 minutes prior to the scheduled start time. Teams should be ready and willing to go on the ice early if requested to do so by the Game Officials. If a Team is not able to start early (i.e. Missing players) then advise the Game Official of the reason. Although Teams are not obligated to start ahead of the scheduled start time, the League expects Teams to cooperate whenever possible. Keeping the program on-time or ahead of time when the opportunity arises benefits all participants.

10.4 Start of Game Procedure

(a) For the first game of the program and for any games following a flood, the Timekeeper will put 3 minutes up and start the clock when the Zamboni doors are closed, the nets are pegged and there is at least one Official on the ice.

No pucks are permitted on the ice until nets have been pegged. A bench minor penalty will be assessed the offending team(s) for a violation of this rule. A fine will also be assessed as per Schedule A **Fines and Fees.**

(b) At the 45 second mark of the warmup the referee will blow the whistle and go to centre ice in preparation to start the game. When the buzzer goes at the end of the warmup, the timekeeper will immediately reset the clock to 12 minutes (or 18 where applicable). Both centres must be at the dot ready to faceoff, the bench gates must be closed and the rest of the starting players on-side. If this occurs the Referee will drop the puck to start the game. If the Referee is unable to drop the puck because one or both teams are not ready to begin, the team that, in the opinion of the Referee, is the least ready will be assessed a 2-minute bench minor penalty for Delay of Game.

(c) For games where there is no flood, the Timekeeper will put 3 minutes on the clock at the conclusion of the previous game and start the clock when players from that previous game have left the ice. From that point the Referee will follow the same procedures as outlined in (b) above.

10.5 Five-Goal Spread in the Last Period

(a) In games with three periods, once a 5-goal spread has been opened in the third period, the clock will continue to run and stop time will be suspended. If the gap closes to within 3 goals the clock will revert to stop time. If the spread once again reaches 5 goals the game will continue under running time until the end of the game, regardless of the goal spread.

(b) In games with only two periods, once a 5-goal spread has been opened with under ten minutes remaining in the second period, the clock will continue to run and stop time will be suspended. If the goal spread closes to within 3 goals the clock will revert to stop time. If the spread once again reaches 5 goals the game will continue under running time until the end of the game, regardless of the goal spread.

10.6 Uniforms

(a) Teams are expected to have two sets of sweaters and carry both sets to all games. One set (Home) should be white or light-coloured sweaters. The second set (Visitor) should be dark coloured sweaters. In cases where a full second set is not viable, teams must have a set of numbered cover-ups that are the opposite base colour (i.e. If main sweaters are dark, then the cover-ups will be white or light-coloured.)

(b) Teams are expected to wear their home or away uniforms according to whether they are scheduled as the home or away team. In cases where only one team has two sets of sweaters and a conflict occurs, the team with two sets, in a spirit of sportsmanship, is required to change. If both teams have only one set and a conflict occurs, the Home Team must change to their cover-ups or alternate, non-conflicting sweaters. Such potential conflicts should be determined and resolved before the teams appear on the ice to start the game.

(c) All players on a team (including goalies) must wear team sweaters of the

same base colour (Light or Dark). Players (excluding goalies) must wear two socks of the same base colour. Players not complying with the rule will be asked to change. Non-compliance will be reported to the League Office. Repeated offences will result in a fine, as set out in Schedule "A" (Fines and Fees) levied against the offending team, at the discretion of the League Officials.

(d) Each of the players on a team must be assigned a specific sweater number which they will wear all season.

(e) Any team or Club refusing to adhere to the above regulations on sweater colours in any League or playoff game will have the details reported to the League Office. At the discretion of the League Officials, the team may be charged with a defaulted game and the current default fee will apply.

10.7 Completion of Game Sheets

For Electronic Game Sheet (EGS) instructions please see the **EGS-Manual** which is available in the Coaches Portal on the NYHL Website.

(a) Full names (first and last) of all players taking part in a game must be listed and verified on the game sheet (EGS or paper game sheet) with their corresponding sweater numbers.

(b) A team may have one Captain and not more than 3 Alternate Captains – or they can choose to have none. However, if the choice is to have none, then the team waives all rights to communication with the Referee, for example, lost is the opportunity to request an equipment measurement or rule interpretation.

(c) The team's roster, as per the EGS, will be verified with the team staff, by the timekeeper or Referee, prior to the start of the game.

10.8 Adding a Player's Name to the Game Sheet

(a) A player who is listed on the 'inactive' list on the EGS may be moved over to the 'Active' roster, provided the player in uniform and on the ice or bench at the start of the game. If team officials are aware a player may be late the player should be included on the 'Active' roster.

(b) An Affiliated player who has been inadvertently left off the Active roster may be added before the game ends, providing the player was on the ice or players bench at the start of the game.

10.9 Procedure at the End of Games

(a) At the end of each game Team Officials must hold their players on the bench. At the discretion of the Referee, one team will be directed to exit to the dressing room first.

(b) Team Officials must have dressing room doors open prior to the end of the game. Failure to do so will result in the suspension of the Head Coach for

one game for the first offence, and three games for any subsequent infraction. Referees will record this infraction as a GM 99 penalty.

(c) Water bottles are not to be emptied over the boards at the bench as this causes dangerous ice buildup along the boards.

10.10 No Show Policy

(a) If a team has been delayed due to going to a wrong arena or being held up because of weather or travel delays and the NYHL Rink Attendant is notified, the game can be held up for a maximum of 15 minutes past the scheduled start time. The late team is responsible for getting six players, or 5 players and a goalie, dressed and on the ice as soon as possible. A delay of game penalty may be applied for undue delay.

(b) If one team does not show up for the game, the team that is present goes on the ice as soon as the ice is available. The clock is set to 10 minutes. When this runs out, the game is officially declared as a default / No-show. The clock is then set to 30 minutes. When this runs out, the Start of Game Procedures for the next game or the flood will start.

(c) If neither team shows up by the scheduled start time, the officials will set the clock to 10 minutes and start the clock. When the time runs out, the game is officially over, and declared a default / No-show for both teams.

10.11 Defaulted Games

(a) Any team that defaults a scheduled League game will be subject to a default fine, as set out in Schedule "A" (Fines and Fees). Any team defaulting a scheduled game on October 31st will be subject to an increased fine, as set out in Schedule "A" (Fines and Fees).

(b) Any team/Club failing to pay a League fine will be removed from further competition until the fine is paid. At the discretion of the President, the team may be permanently suspended.

(c) Upon deliberately failing to play a scheduled game, the team staff will be suspended pending a disciplinary hearing before a Special Committee. The Team will be fined as per Schedule A – Fines and Fees.

(d) A team defaulting any game in a playoff series will be removed from further play. Circumstances involving defaulted games in the playoffs will be reviewed by League Officials. A special hearing may be convened to review the circumstances with the offending team(s). Pending the outcome of the League review or hearing, all previous games played by the offending team(s) in that playoff round may be removed from the standings.

Note: If, in the judgment of the League Officials, the default causes an unfair advantage or disadvantage for any or for all the teams remaining in the playoff

series, the League reserves the right to schedule a head-to-head playoff between those teams so affected.

Article 11– RULES OF PLAY

11.1 Hockey Canada Rules to Apply

The Rules of Hockey Canada will apply except as varied from time to time by the NYHL, and as noted in these Rules. It is the responsibility of each coach, manager, and Club Official to have knowledge of Hockey Canada, GTHL and NYHL Rules.

11.2 Referee's Authority

(a) In a game situation, the Referee will have full authority and the final decision in all matters under dispute except game times, start of games and periods.

(b) The Referee's decision will be final on all questions of fact and not subject to appeal.

(c) Referees and Game Officials must be treated with respect by all players, Team and Club Officials and spectators. A Mutual respect Policy is in effect and will be strongly supported by the NYHL.

(d) Club Officials, Team Officials, players, or spectators are not permitted to enter the Game Official's dressing room at any time or to encroach upon or impede the passage of Game Officials entering or leaving the ice or the building. Fines and suspensions will be levied for breach of this rule.

11.3 Entering the Ice Surface

(a) Any team guilty of going onto the ice surface before the Zamboni gates are fully closed and before there is at least one Official on the ice will receive a Bench Minor penalty. Repeated offences may result in fines and suspensions at the discretion of the League Officials.

(b) Team officials are prohibited from walking across the ice to get to or from the benches. Hockey Canada's insurance does not cover Team Officials injured in such circumstances. Referees can assess a GM 99 penalty and will report the matter to the League Office.

(c) Team Officials may not step on the ice without the permission of the Referee. Failure to comply with this rule will result in a Game Misconduct penalty being assessed to the offender.

11.4 Protective Equipment

(a) All protective equipment must be CSA/BNQ approved and worn according to Hockey Canada guidelines. There are several rules that cover the wearing of player and goaltender equipment. Coaches and Trainers must familiarize themselves with these rules and ensure players and goalies are wearing equipment properly and using equipment that is in good condition. Player safety is everyone's responsibility.

(b) The only people allowed on the bench are the Team Officials and fully- uniformed players.

11.5 Helmets and Masks for Players and Coaches

(a) To maintain valid insurance coverage, during every game and practice, all players must wear CSA approved helmets and CSA approved face shields or full cages. Chinstraps must be worn and securely fastened closely under the chin. The face shield must be securely fastened to the helmet. This applies when on the ice, sitting on the bench, in the penalty box, and while leaving the ice. For the first violation of this rule, a warning will be issued to the team. The second violation of the rule will result in a Bench Minor Penalty being assessed against the offending team. The wearing of approved helmets and shields is mandatory for all age groups.

(b) Coaches and on-ice personnel must wear CSA approved helmets during any on-ice activity, including practices.

11.6 No Jewelry

Players are prohibited from wearing personal jewelry of any kind during a game in which they are participants. Violations will result in the offending team being assessed Bench Minor(s) and the offending player(s) being prevented from participation until such time as the jewelry is removed. If the offending player(s) should attempt to re-enter the game without removing said jewelry, they will be assessed a Gross Misconduct penalty.

11.7 Injured Players

When the play has been stopped due to an apparent injury to any player (other than the goalkeeper), that player must sit out at least one stoppage of play before returning to the ice. Failure to leave the ice will result in a two-minute Bench Minor Penalty for delay of game. Returning to the ice prematurely, i.e. before the first stoppage of play, is not allowed and the offending player will be assessed a Minor Penalty for Ineligible Player.

11.8 First Aid Kits

All teams must have an adequately equipped first aid kit on the bench with

a minimum of protective gloves, antiseptic, scissors, band aids and gauze as well as pressure, triangular, 1" and 2" bandages. Failure to carry a first aid kit will result in a Bench Minor Penalty and the referee will report the incident to the League Office.

11.9 Transmittable Disease Awareness and Protection

When attending to an injured player with an open wound, do not make direct contact with blood products and bodily fluids. Anyone attending to an injured player should wear waterproof protective gloves. Any player with a bloody wound must be removed from further participation until the bleeding is stopped and the wound is covered with an appropriate medical dressing. All equipment with blood on it must be removed and either cleaned up or replaced before the player returns to the game.

11.10 NYHL Policy –Concussions

(a) The NYHL adopts Hockey Canada's Concussion Policy.

(b) The NYHL considers the participants' safety and health to be paramount and should be foremost in determining whether a concussion has occurred and in determining the appropriate time a player may return to play after a suspected or identified head injury. Please refer to Appendix B for the steps to follow in the case of a suspected head injury.

11.11 Reporting of Injuries

(a) In the case of an injury, Coaches/Managers should obtain a Hockey Canada Injury Report Form from the NYHL Coaches' Portal, their Club Contact or the League Office and ensure a Team Official, player, parent, physician and others completes the form.

(b) The form must be submitted within 90 days of the injury (to the address at the bottom of the back page of the report). Attach a copy of the game sheet and any bills that are to be claimed. If bills are not yet available, submit the form and game sheet anyway.

(c) If no Injury Report Form is filed within 90 days of the incident, Hockey Canada will not have any record of the accident ever having taken place, nor will a claim file have been opened to receive any subsequent bill claims. This could invalidate the chances of a claim at a future date.

ARTICLE 12 –BEHAVIOUR

12.1 Standard of Behaviour

(a) The co-operation between the League and the arenas in which our teams play is largely determined by the deportment of our fans, players and Officials. A high standard of behaviour is expected.

(b) Team Officials and players must show respect for arena staff, and never use abusive language in dealing with these personnel. The League will review all reports of abusive behaviour and suspensions, fines or other disciplinary action may be taken.

(c) Spectators, Players, Teams, Club, League and Game Officials are expected to behave in a sportsmanlike manner at all times, whether off-ice or at games. This includes regular season, exhibition, playoff and tournament games. No one will use abusive, profane or discriminatory language that is directed at any other person or team. This includes posting on any type of social media, including text messaging, chat lines, or Internet networking sites, including but not limited to, Facebook, X, Bluesky and Instagram.

(d) Any act of physical violence or threatened physical violence by anyone against any other person (other than physical acts that are part of the game of hockey) will not be tolerated. No one will engage in conduct, whether on or off the ice, that brings the League, any Club or Team into disrepute.

(e) Ejection from Game. Anyone who behaves in a manner that does not meet the standard set out in Rule 12.1(b)(c) or (d) may, at the Referee's discretion, be ejected from the game or the playing area of any game. In the case of any Team or Club Official or player participating in the game, any such ejection may be in addition to any penalty that may be imposed by the Referee under the rules of hockey. In the case of ejection of a Spectator, the onus of ensuring that the Spectator obeys the ejection falls upon the team to which the Spectator is related. The Referee may delay any game until the Spectator complies with the ejection.

(f) Banishment of Spectator. Any Spectator whose conduct in an arena is found by the League Officials, the Board, or any Special Committee of the Board, to be disruptive and not conducive to the well-being of the game may be banned from such arenas as determined by the Board or Special Committee for a specified period of time. The onus of enforcing such a ban falls upon the Club to which the Spectator is connected.

(g) Ontario Hockey Federation Code of Conduct. The NYHL, being apart of the OHF, must comply with its Code of Conduct, which identifies the standard of behaviour that is expected of all OHF Members:

1.1 The OHF is committed to providing a sport environment in which all

individuals are treated with respect.

1.2 During the course of all OHF activities, athletes, coaches, parents, directors, volunteers, staff, chaperones and others within each of the Members:

1.3 Shall conduct themselves, at all times, in a fair and responsible manner and refrain from comments or behaviours that are disrespectful, offensive, abusive, racist or sexist. In particular, the OHF will not tolerate behaviour that constitutes harassment or abuse or bullying, and;

1.3.1 Shall avoid behaviour which brings the OHF and/or its Members, or the sport of hockey into disrepute, including but not limited to the abusive use of alcohol and/ or non-medical use of drugs, and;

1.3.2 Shall not use unlawful performance enhancing drugs or methods, nor shall they engage in activity or behaviour that endangers the safety of others, and;

1.3.3 Shall at all times adhere to Hockey Canada, OHF and its Members' operational policies, procedures and any rules governing any competition in which they participate on behalf of the OHF and/or Member.

1.3.4 Failure to comply with this Code of Conduct may result in disciplinary action, including, but not limited to, the loss or suspension of certain or all privileges connected with the respective Member and/or OHF including the opportunity to participate in OHF and its Member activities. Such discipline may include the removal or ban from an arena, games, practices and other team activities.

(h) Fair Play Code for Coaches

(i) I will be reasonable when scheduling games and practices remembering players have other interests and obligations.

(ii) I will teach my players to play fairly, respect the rules, Officials and opponents.

(iii) I will ensure that all players get equal instruction, support and fair playing time.

(iv) I will not ridicule or yell at my players for making mistakes or performing poorly. I will remember that the players play to have fun and must be encouraged to have confidence in themselves.

(v) I will make sure that the facilities and equipment are safe and match the players' age and abilities.

(vi) I will remember that the players need a coach they can respect. I will be generous with praise and set a good example.

(vii) I will obtain proper training and continue to upgrade my coaching skills.

(viii) I will work in cooperation with Officials for the benefit of the game.

12.2 Damage to Arenas

(a) Before allowing players to enter a dressing room, a Team Official must check the room for damage with specific attention being given to the washroom and shower facilities. If any damage is noticed, it must be brought to the attention of the NYHL Rink Attendant and the arena management immediately, or the team will assume the liability for the damage and the cost of repairs will be charged to the team and its Club.

(b) Dressing rooms must be left as clean as possible. Trash cans in these rooms must be used for all litter. If the rooms as left in a mess, a fine, as set out in Schedule "A" (Fines and Fees), plus cleanup costs will be billed to the team through its home Club.

(c) An inspection should be made by a Team Official following the last players' departure from any dressing room after a game or practice. This means that a Team Official should be the last one out of the dressing room.

(d) Some players' emotions following a lost game or ejection from a game may result in an outburst of temper and sometimes intentional and/or unintentional vandalism. Team Officials should accompany players to the dressing room in those circumstances and make every effort to ensure that this does not happen. The cost of cleanup and/or damage repair will be billed to the team through its home Club, plus a fine, as set out in Schedule "A" (Fines and Fees) will be levied by the NYHL.

(e) Any defects to bench and penalty box areas (e.g., door shutting mechanisms, mats, benches, etc.) or within the ice area itself (e.g., boards, railings, etc.) should be reported to the Game Official immediately in order to avoid potential injury. Game Officials are to see that these defects are reported to the League Office.

12.3 No Smoking or Vaping

Smoking and vaping are prohibited in all areas of the arenas and within 10 meters of all entrances. Violators will be required to leave the premises.

12.4 No Alcohol

Consuming alcohol is prohibited in all areas of the arenas. Violators will be

required to leave the premises and the actions subject to further review by the League Officials.

ARTICLE 13 – SUSPENSIONS AND PENALTIES

(See Also Article 12 - Behaviour)

13.1 Jurisdiction of the League

Players, Spectators, Club/Team Officials and Game Officials are subject to NYHL discipline while any NYHL activity is in progress, from the time they enter the arena parking lot until they leave it, whether participating in a game or not.

13.2 General Provision for Suspensions

(a) Any violation of the Constitution, By-laws, Rules or Regulations of the NYHL, or decision of the Board of Directors by any individual member of the League (Club Official, Team Official or player) will render such member liable to suspension by the Chief Operating Officer, President or a Special Committee.

(b) Any suspension of six games or less, by the NYHL President or Chief Operating Officer, or as prescribed by the OHF Minimum Suspension List, for any single infraction will be without right of appeal.

(c) All automatic suspensions will be without right of appeal, except as noted in (d) and (e) below.

(d) Any player or Team Official who verbally threatens physical abuse to any Game Official will be assessed a Match Penalty and will be automatically suspended for their next seven games, at a minimum, with the right to appeal within seven days.

(e) Any player or Team Official who physically abuses, strikes or attempts to strike any Game Official in any way will be assessed a Match Penalty and will be automatically suspended their next seven games, at a minimum, with the right to appeal within seven days.

(f) Should the President or Chief Operating Officer see fit to assess a longer suspension, teams will be advised through their Club Contact.

13.3 Team Officials Responsible for Enforcing Suspensions

Team Officials are responsible to see that any penalized player and/or Team Official sits out all suspensions arising from penalties as noted on the game sheet, or until notified otherwise by the NYHL Office.

13.4 Conduct When Suspended

(a) A player or Team Official, when assessed a Game Misconduct, Gross Misconduct or Match Penalty, will go immediately to the team dressing room and remain there for the balance of the game, or leave the arena premises.

(b) At no time are any ejected players or Team Officials allowed to return to the bench or spectator areas.

(c) While under suspension, a player or Team Official may not enter the dressing room before, during, or after games, or be in the vicinity of their team's or the opposing team's bench or dressing room or the Referees' dressing room.

(d) Team Officials, while under suspension, may not conduct coaching activities from anywhere in or around the arena. Use of electronic equipment for the purpose of coaching is prohibited.

(e) Violation of Rules 13.4 (a), (b), (c), and (d) will be reported to the Chief Operating Officer for additional disciplinary action.

(f) If a player or Team Official under suspension of any kind participates in any NYHL game whether it is with their own team or an affiliated team, the said game will be recorded a win for the opposing team. The offending player will be assessed an additional minimum two-game suspension. The offending Team Official be assessed an additional six-game suspension. The Head Coach and Manager of the team allowing the suspended player or Team Official to participate will receive minimum suspensions of six games each.

(g) Where Suspensions are to be Served

(i) A player or Team Official who is assessed a suspension of three (3) games or less, may participate in exhibition games. For suspensions of (4) games or more, the team must check with the League Office regarding the player or Team Officials eligibility to participate in an exhibition game.

(ii) Suspensions earned in tournaments and not completely served during the tournament must be completed in regular Select League games.

(iii) Suspensions earned in exhibition games must be served in NYHL League or tournament play.

(iv) Suspensions will be served in games for the team on which the player or Team Official is registered. A player or Team Official serving a suspension may not participate for any other NYHL team. (i.e. If a player plays as an AP on another NYHL team, they may not participate as an AP until the suspension is served with their registered team.)

(v) Should any player or Team Official receive a suspension that is not fully served by the completion of the NYHL League season and playoffs, the remainder of that suspension will carry over to the next season, regardless of whether they register with the same Club or a different Club in the next season.

(h) Players and Team Officials who also participate in the League as both a player and Team Official, and receive a suspension, are not permitted to participate in any League activity until the suspension is served.

(i) NYHL On-Ice Officials who participate as a Player or Team Official on an NYHL team and receive a suspension, are not permitted to Officiate or participate in any League activity until the suspension is served.

(j) Any Team Official or Game Official who knowingly participates in a game with a suspended Team Official or player is automatically suspended. A review of the circumstances will take place, and further disciplinary action may occur.

13.5 Body Checking

Body checking is not permitted at any level in the NYHL.

13.6 Hockey Canada Standard of Play Initiative

Hockey Canada penalty standards include very strict standards for hooking, holding, interference, tripping, cross checking, and slashing. The basic tenets of these standards are:

(a) Use of the stick is limited to playing the puck.

(b) Restraining or interfering with an opponent in any fashion is not permissible.

13.7 Game Misconducts

Any five-minute Major penalty carries an automatic Game Misconduct. Players receiving a Game Misconduct penalty will not participate in their next scheduled League game and not until notified by the League as to the full extent of their suspension. Refer to the OHF's Minimum Suspension List.

13.8 Checking from Behind

(a) Hockey Canada Rule 7.5 applies.

(b) Players who are assessed a Match Penalty are indefinitely suspended pending investigation and a ruling by the League Officials.

13.9 Bench-Clearing Altercations

(a) Any team guilty of clearing their players' bench as a result of an altercation during the course of a game will automatically default that game.

(b) The default fee will be charged in such instances and must be paid prior to participation in further League play.

(c) No points in the standings or scoring records will be awarded to the offending team(s).

(d) Subsequent bench clearing incidents by the same team during the same playing season will result in a double default fee being assessed, in addition to the other conditions already described.

(e) Any disputes regarding bench clearing incidents will be decided by the President, Chief Operating Officer or a Special Committee without recourse.

13.10 Zero Tolerance towards Discrimination and Unsportsmanlike Behaviour

(a) Hockey Canada Rules under Section 11 Maltreatment as per the Hockey Canada rules 11.2 (Disrespectful and Abusive Behaviour), 11.4 (Discrimination), and 11.5 (Physical Harassment of Officials), will be applied strictly.

(b) See Schedule A (Fines and Fees) for Team Officials receiving 11.2(e) (Disrespectful and Abusive Behaviour).

(c) The NYHL has implemented the Green Armband Initiative which identifies first-year Officials. See Schedule A (Fines and Fees) for Team Officials receiving 11.2(e) (Disrespectful and Abusive Behaviour) towards a Green Armband Official.

(d) The NYHL has zero tolerance concerning discrimination and/or unsportsmanlike behaviour. All penalties assessed under Hockey Canada Rule Section 11 Maltreatment will be reviewed by the NYHL and additional suspensions may be assessed.

13.11 Ejection from Game for Four Penalties

(a) Any player receiving a combination of four penalties of any kind in a League game will be automatically removed for the balance of the game (Game Ejection) upon the assessment of the fourth penalty. The player must leave the ice and proceed immediately to the dressing room, remaining there for the balance of the game.

(b) The fourth penalty assessed to any player will require the team to place a player in the penalty box to serve any/all penalty(ies) that requires the team to

play shorthanded. The player serving the penalty(ies) will be one of the players on the ice at the time the fourth penalty was assessed.

(c) The player who has been removed from the game for four penalties may play in the team's next regularly scheduled game, provided that, none of the penalties involved incurred suspensions.

13.12 Ejection from Game for Three Stick Infractions

(a) Hockey Canada Rule 4.8 (b).

(b) Any player receiving a combination of three stick penalties of any kind in a League game will be automatically removed for the balance of the game (Game Ejection) upon the assessment of the third stick penalty. The player must leave the ice and proceed immediately to the dressing room, remaining there for the balance of the game.

(c) The third stick penalty may require the team to play one player short. The player serving the penalty will be one of the players on the ice at the time the third stick penalty was assessed.

(d) The player who has been removed from the game for three stick penalties may play in the team's next regularly scheduled game, provided that, none of the penalties incurred suspensions.

13.13 Excessive Penalties

Any excessive number of penalties in a game or series of games by any one team will be subject to review by the League Officials and may result in further disciplinary action.

13.14 Holding Players at the Bench

(a) Hockey Canada Rule 10.4 (e)

(b) A Game Misconduct Penalty will be assessed to the Coach of any team that fails to hold their players at their bench at the end of the game if an altercation that results in penalties of any kind is either in progress as the game ends or begins after the game has ended. (This also applies to players in the penalty box. They must remain there until told to leave by the Game Officials.)

(c) At the conclusion of each game, Coaches must keep their players on the players' bench until instructed by the Game Officials to leave. Players are not permitted to flood onto the ice when the game is over. Only those players who were on the ice at the end of the game are permitted to be on the ice.

13.15 Refusing To Leave Bench or Playing Surface

(a) Hockey Canada Rule 10.8

(b) A player or Team Official who refuses to leave the bench or playing surface after they have been assessed a Game Misconduct, Gross Misconduct, or Match Penalty will be considered to be "Refusing to Start Play".

(c) If the offending player or Team Official subsequently leaves the bench within two minutes of being ordered to do so by the Referee, then a Major Penalty plus a Game Misconduct Penalty will be assessed to the Coach for "Delay of Game". If this infraction occurs within the last two minutes of regular playing time or anytime in overtime, then a Penalty Shot (in addition to the Major and the Game Misconduct) will be awarded to the non-offending team.

(d) If the offending player or Team Official does not leave the bench within two minutes of being ordered to do so by the Referee then the Referee will immediately suspend the game and report the matter to the League Officials.

13.16 Assault Charges

The Crown Attorney of the Province of Ontario has advised that criminal charges may be laid against hockey players, Team Officials, Game Officials or spectators who become involved in using physical force with other players, officials or spectators, either on or off the ice.

ARTICLE 14 – EXHIBITION GAMES AND TOURNAMENTS

14.1 Exhibition Games

(a) Permission for all exhibition games must be submitted via Agilex by Club Contacts. A permit will be issued for each approved exhibition game. This permit keeps players' and Team Officials insurance valid.

(b) Any team failing to obtain permission from the NYHL and participates in an exhibition game will result in the Coach and/or Manager being indefinitely suspended until the case is reviewed by the League Officials.

(c) HCOP-certified officials must be used for all exhibition games.

(d) Any suspension incurred in exhibition games must be completed in Select League or tournament play.

(e) A copy of all exhibition game sheets must be submitted via the Coaches Portal to the NYHL Office within 48 hours after a game is played. Failure to comply will result in the team staff being suspended and/or a fine, as set out in Schedule "A" (Fines and Fees).

(f) Teams should not make arrangements for exhibition games until they have received their regular NYHL schedule. The League will not work around exhibition games.

14.2 Early Season Ice for Games

Players must be properly registered before stepping on the ice for tryouts, tournaments, or exhibition games.

14.3 Tournament Sanctions and Permission to Enter

(a) All tournaments must be sanctioned by Hockey Canada. The House League teams of NYHL Member Clubs, as well as those Clubs' Select teams, must comply with sections (b) through (g) below.

(b) Any team wishing to enter a tournament must submit a "Tournament Travel Permit" and be approved by the NYHL office. Club Contacts will submit these requests on the team's behalf via Agilex. A fee as set out in Schedule "A" (Fines and Fees) will be applied to each permit. Insurance coverage will be invalid unless an approved permit is granted. Do not book travel plans/hotel rooms or pay tournament fees until approval by the league.

(c) Playing in a tournament without permission invalidates a team's insurance and that of their opponents and can cost the host club the right to operate a tournament in the future. Team Officials could also become liable for any injuries incurred. Team Officials and players will be indefinitely suspended by the League if they play in a tournament without permission from the League. Any team entering a tournament without an approved permit will be fined as set out in Schedule "A" (Fines and Fees).

(d) A copy of all tournament game sheets must be submitted to the NYHL Office within 48 hours after the tournament ends. Failure to provide the sheets may result in the Team Officials being indefinitely suspended and the team fined as set out in Schedule "A" (Fines and Fees).

(e) Tournament permission requests must be submitted by 5:00 pm, six (6) weeks prior to the tournament. (The application deadline schedule is posted on the Coaches' Portal.) The League will not work around Tournament Permissions received after the League schedule has been issued.

(f) Club events such as banquets, fund raisers, or activity nights require six (6) weeks notice to the League. Club Contacts will submit one request for all their Club teams via Agilex.

(g) During the last two weeks of the regular season and playoffs, each team will be permitted two religious exemption dates if needed. Teams must request permission via Agilex six (6) weeks prior to the dates. Religious dates must be on the inter-faith calendar which is available on the Coaches portal.

(h) During NYHL playoffs, no permission will be given for out-of-town tournaments unless the team is out of the playoffs. Teams will be given Conditional Permission to attend tournaments within the defined GTA boundaries if the tournament guarantees to work around the NYHL schedule. The League cannot work around tournament games at playoff time.

(i) Permission granted to teams/Clubs entering or hosting local tournaments in regular season or playoffs means the NYHL will work around the tournament schedule, but it does not preclude teams playing NYHL scheduled games as well. Teams are not permitted to attend tournaments, exhibition games or Club/team events during final Challenge of Champions weekend.

(j) Teams are allowed to enter a total of three (3) in-season tournaments and one (1) post-season tournament. Permission may be granted for teams to enter tournaments provided the following requirements are adhered to without exception:

(i) The "Tournament Travel Permit" request was submitted to the office six (6) weeks prior to the tournament start date. (Tournament and Exemption Day Request Deadlines can be found on the Coaches Portal).

(ii) There are no scheduled NYHL games during the tournament dates (Preseason, Winter Break, March Break, Easter weekend).

iii) A team may never enter two tournaments running at the same time.

14.4 Changes to Scheduled Games

(a) Teams or Clubs that cause changes to be made to the published NYHL schedule due to improper or incomplete information being submitted will be subject to a fine, as set out in Schedule "A" (Fines and Fees), per change plus the Leagues' out-of-pocket expenses. The fine to be paid prior to the team's next League game.

(b) The League will not work around or change schedules for tryouts or exhibition games.

ARTICLE 15 – PLAYOFFS, CHALLENGE OF CHAMPIONS WEEKEND

15.1 Teams Participating in Playoffs

All teams make the playoffs.

15.2 Breaking Ties to Determine Playoff Positions

(a) In all series and in all divisions, the League reserves the right to schedule a sudden victory game to decide first place for the division.

(b) At the end of the Winter season schedule (Jan/Feb), ties in standings will be determined by the following process.

Two Teams tied (steps to be applied in order until the tie is broken):

(i) The team with the most wins shall be awarded the higher position

(ii) The team having the most wins against the other team shall be awarded the higher position

(iii) Using all games of the Winter season (Jan/Feb) schedule, calculate the GF/GA percentage (See section (d)) and the team having the highest percentage will be awarded the higher position

(iv) The team that scored the first goal in the Winter season series between the two teams will be awarded the higher position

Three or more Teams tied (steps to be applied in order until the ties are broken):

(i) The team with the most wins shall be awarded the higher position

(ii) If two teams are tied with the most wins, then apply Section (b) – Two Teams tied, to determine which team is awarded the higher position. The other team will be awarded the next highest position.
For the remaining teams, apply the 'Two Teams tied' steps or 'Three or more Teams tied' steps repeatedly until all teams are positioned.

(iii) If three teams, or more, are tied with the most wins, then calculate the GF/GA percentage (See section (d)) for each team. The teams will be positioned by highest percentage to lowest percentage.

For the remaining teams, apply the 'Two Teams tied' steps or 'Three or more Teams tied' steps repeatedly until all remaining teams are positioned.

Unbalanced schedule (Teams not playing the same number of games)

(i) Follow the same steps above, using the Highest Win Percentage versus Most Wins

(ii) Win Percentage = Total points / Total Games Played (times 100 for percentage)

(c) Situations requiring special decisions to determine league standings will be determined by the League Officials. Teams will be advised before the start of Playoffs of the League's decision.

(d) GF-GA Percentage Formula

Goals For / (Goals For + Goals Against) {Times 100 for percentage}

Example.

Goals For = 10 Goals Against = 4

Formula 10 / (10+4) = 0.714 (% = 71.4)

15.3 Breaking Ties in Playoff Series

(a) At the end of a Playoff Round Robin series, ties in standings will be determined by the same process as per Section 15.2 Subsections (b) and (d).

15.4 Challenge of Champions Weekend

(a) The last weekend of every season (late April/early May) is set aside for the Challenge of Champions

(b) All Tier Championship teams (age groups U7 to U15) will be scheduled and must be available for that weekend. Championship Teams not participating in the Challenge of Champions weekend will be assessed a fine, as set out in Schedule "A" (Fines and Fees).

(c) Clubs are asked to ensure that their teams have submitted their All-Star ballots submitted by the date indicated in the Key Dates document (usually Mid-March) to ensure their players will have the opportunity to participate.

(d) Goaltenders for the All-Star teams are selected by the Coaches from the other teams in that tier.

(e) The League Office will contact players nominated by the teams and assemble the All-Star squad for each tier. Teams will nominate five players from their own team, ordered 1 to 5. The NYHL office staff will use all team nominations to select the team until the team is full.

(f) The All-Star Team coaching staff will be from the runner-up in the tier championship.

(g) Coaches should not tell their players who they have nominated as that can lead to disappointment if the team is filled before their name is selected.

(h) Teams and players cannot enter tournaments, exhibition games, banquets or tryouts during this final weekend.

(i) All-Star Day ballots are available on the NYHL Coaches' portal.

(j) Representation from every Club should comprise the final All-Star team.

ARTICLE 16 – PROTESTS AND APPEALS

16.1 Procedures for Protests

(a) Protests regarding games played must be made in writing via email to the League Office. Such protests must include a summary of any evidence to be submitted to support the protest. A copy of the protest will be forwarded to the other team by the League Office.

The following procedure must be followed:

(i) Timing: Protests, in writing (delivered in person or via email) and supported by evidence, must be delivered by the protesting Club to the NYHL Office within 48 hours of the incident under protest. In the event that such protest cannot be delivered within normal business hours to the NYHL Office, the protesting Club will advise the League by email that the protest will be delivered within the 48 hour period to the NYHL Office. In all protest situations, time is of the essence.

(ii) Form of Protest: The protest will be in writing and must stipulate the rule/regulation under which the protest is laid and must be counter-signed (or CC'd on the email) by the Club President or NYHL Club Contact of the protesting Club. Any evidence in support of the protest must be included. The protest Fee (see Schedule A Fines and Fees) will be invoiced to the Club following the outcome of the protest and is payable within 48 hours of the invoice time. Both teams will be notified of the date, time and place of the hearing, and both must be represented at the hearing. All protests will be heard by a Special Committee. If a protest is withdrawn by the sender, the fee will be invoiced and is payable within 48 hours.

16.2 Protesting Ineligible Players

Teams wishing to protest ineligible players must notify the Referee and have it noted on the game sheet prior to the end of the game. Alleged ineligible player(s) are to have their name, team name and number(s) printed on paper supplied by the timekeeper; the requested players will then sign their names and date of birth beside the printed name.

Teams may request the signatures of a maximum of two (2) opposing players. The request must be made prior to the conclusion of the game.

16.3 Referees' Judgments Not Protestable

Referees' judgments are not protestable unless there has been a breach of actual playing rules.

16.4 Procedures for Appeals

Appeals of suspensions or other decisions must be filed in writing at the NYHL League Office within seven days of the occurrence being appealed and be accompanied by a fee, as set out in Schedule "A" (Fines and Fees), for each incident. The fee will be returned to the appellant if a decision is rendered in their favour.

16.5 Querying Player Eligibility

Eligibility of player(s), who have played during the regular season, may not be questioned after February 1 unless said player is thought to be playing while suspended or ineligible. Any player eligibility questions after February 1st require the applicable protest procedure.

Normal process followed and protest submitted.

ARTICLE 17 – CHAMPIONS, AWARDS AND RECOGNITION

17.1 Trophies

A trophy or appropriate memento will be provided to each player on a championship team in each tier. Championship banners will be provided to Champions for each tier. Banners will be presented at the NYHL AGM.

ARTICLE 18 – HOSTING TOURNAMENTS

18.1 Hosting Tournaments

GTHL approval must be obtained in order for any Club, or group of Clubs, to host a tournament. Refer to GTHL regulations for further information.

ARTICLE 19 – HOUSE LEAGUE AND SELECT OPERATING GUIDELINES

Member Clubs of the NYHL and their teams are to observe the “Guidelines” contained in the GTHL Rules. The City of Vaughan (CVHA) falls outside some of these parameters due to a negotiated agreement between the GTHL, NYHL, and CVHA. NYHL Membership agreed to abide by the terms of this agreement.

NYHL Board of Directors

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Schedule A

Fines and Fees

(as of September 1, 2026)

FINES	
Attending a Tournament Without NYHL Permission	$1,000
Challenge of Champions Weekend No Show or Refusal to Participate	$500
Changes to Schedule Due to Incomplete/Inaccurate Information	$200
Damage to Dressing Room/Leaving Dressing Room in Disarray	$300 plus damage reparation costs
Defaulting a Game	Unforeseen Circumstances $450 Deliberate $1000 plus Indefinite Suspensions to Coaching Staff October 31 $700
Disrespectful and Abusive Behaviour (Code 11.2(e)) – Team Officials	First Offense 3 Game Suspension Second Offense $150 plus 3 Game Suspension Third Offense $250 plus Indefinite Suspension
Disrespectful and Abusive Behaviour (Code 11.2(e)) – Team Officials – Green Armband Official	First Offense $250 plus 3 Game Suspension Second Offense $500 plus 3 Game Suspension Third Offense $500 plus Indefinite Suspension
Failure to Assist with the Setup or Take Down of Boards	$200

Failure to Return Outstanding Fees or Property to Club	Indefinite Hockey Canada Suspension
Failure to Submit Tournament or Exhibition Game Sheets to NYHL Office	$150
Late Filing of Team Roster to HCR/ Not Registering a New Player to HCR Within (7) Days	$150 fine plus a further $50 for each additional 7 days late
Pucks on Ice Prior to Nets Being Pegged	First Offence $500 Second Offence $500 plus 3 Game Suspension to Head Coach Injury to Official Occurs $1000 plus Indefinite Suspension to Head Coach
Team Uniforms - Not Wearing Correct Uniforms	$200
Withdrawal of Team Fee	$500

FEES	
Appeal Fee	$300
Non-Resident Fee	$25
Permission to Attend Tournament Fee	$25
Player Registration Fee - Fall Season - Winter Season Only - Siblings on Same Team	 $460 $310 $295
Protest Fee	$300
Team Registration Fee - Fall Entry - U7 - U15 - U16 - U21	 $1600 $1900
Team Registration Fee – Winter Entry - U7 - U15 - U16 - U21	 $1070 $1275

Appendix B

Concussion Policy

Refer to "**Concussion Protocol"** available in the Coaches Portal on the NYHL Website.

Link: **North York Hockey League | Coaches Portal**

The **"Concussion Follow-up and Communication Form**" is available on the next page.

Concussion Follow-up and Communication Form

(Must be completed in every case when a possible case of concussion is identified)

Name_____ Date_____ Context/Symptoms_____

NOTE: IT IS IMPORTANT THAT PLAYERS AND PARENTS/GUARDIANS CONSULT WITH THE TREATING PHYSICIAN ON RETURN TO LEARN PROTOCOLS

A responsible adult such as a parent or guardian has been informed and has taken responsibility for the concussed athlete. Details of the protocol (Hockey Canada Concussion Card attached appendix 1) have also been explained.	Date : _____ Initials : _____
The player has had an initial visit with a physician (preferably one with knowledge in concussion management)	Date : _____ Initials : _____
A complete return to light activities of daily living without aggravating symptoms or making symptoms worse and gradual return to physical activity (see Hockey Canada Concussion Card Steps 1-4 attached) up to intense and sport specific exercises (without contact) has been achieved without recurrence of symptoms.	Date : _____ Initials : _____
The **medical clearance note** has been completed and return to unrestricted training has been authorized. (prior to proceeding to step 5 of the Hockey Canada Concussion Card)	Date : _____ Initials : _____
Participation in a complete unrestricted training session has been achieved without recurrence of symptoms (this step must be completed at least one day prior to return to competition). (Hockey Canada Concussion Card - Step 5)	Date : _____ Initials : _____
Return to competition is authorized based on successful completion of all of the above mentioned steps of the protocol. (Hockey Canada Concussion Card - Step 6)	Date : _____ Initials : _____
Team staff are aware and have advised the Parent/Guardian to continue monitoring for recurring symptoms and have confirmed the information on this form about the recovery process and medical clearance. Parent/Guardian Signature_____ Print Name_____ Date_____	Date : _____ Initials : _____
Notes:	

IMPORTANT NOTICE: This form contains confidential information that is meant to document achievement of all the required steps of the recovery process following a concussion and prior to return to play. De-nominalized information can be extracted from the form by the organization for the purpose of reporting information about concussions. However it cannot be communicated to any third party in a format that contains information about the identity of the injured athlete.